


## UNITED WOMEN IN FAITH NEWS

United Women in Faith Fall fundraiser is coming up. We will be selling Maidrites and vegetable beef soup to go on November 8. We will also have a silent auction on baskets.

Thank you to everyone who participated in our United Women of Faith Guest Night. About 60 women from 7 surrounding churches attended. A special thank you to the men who helped serve the meal and Steve Davis for running the sound system.

United Women in Faith will meet November 10 at 9:30. The program and coffee will be provided by Debra Beal. We hope you can join us for a meeting
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*God Bless,*
*Celene Duley*

*Philippians 4:13 – "I can do all things through Christ who strengthens me."*

## November Birthdays and Anniversaries

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| 1 | Larry & Dixie Marsh Anniversary |
| 8 | Julie Ladd |
| 9 | Russ & Margie Clark Anniversary |
| 10 | Gary Bryant |
| 11 | Doug Wright |
| 13 | Kris Petermeyer |
| 13 | Rachel Potts |
| 14 | Bob Paige |
| 15 | Jill Crisco |
| 16 | Lewis Hart |
| 22 | Rita Schutte |
| 22 | Dara Wagner |
| 24 | Jay & Chloe Martens Anniversary |
| 25 | Alicia Provence |
| 25 | Merion Thrasher |
| 26 | Diane Durdle |
| 26 | Amanda Morse |
| 26 | Rachel Whitney |
| 27 | Beckett Morse |
| 27 | Ragan Thrasher |
| 27 | Dan & Pat Keefer Anniversary |
| 27 | Jeff & Lisa Roberts Anniversary |

Fit FOR GOD

Let's get fit so we can serve!

Monday – Wednesday – Friday
8am – 9am
Elmwood UMC Fellowship Hall

**JOIN US!** We have "changed up" our exercise routines. In addition to some of the original routines, we are following several different exercise videos. This provides extra cardio and strength moves. Come "sweat" with us!

No experience necessary! I will show you modifications for exercises to address all levels.

Questions? Please call or text Janet Vallas at 309-712-3935 or email at kvallas@mchsi.com.




**Hanging of the Greens will be Sunday, November 29th. There will be a special service this Sunday. This is also cookie Sunday.**




## CHOPPED CHEESE GROUND BEEF SANDWHICH

**Ingredients**

1 Tbsp. neutral oil
1 Medium yellow onion, finely chopped
Kosher salt
1 Pound lean ground beef
2 tsp. store-bought or homemade adobe seasoning
8 slices American cheese
2 (12") hoagie rolls
¼ Cup of mayonnaise
2 Cups shredded iceberg lettuce
2 Vine ripened or roma tomatoes sliced
Freshly ground pepper

**Directions**

1. Heat a large stainless steel or cast-iron skillet over med-high heat. Pour in oil and swirl to coat skillet. Add onion and cook, stirring occasionally, until beginning to soften, about 5 min. Add ground beef and adobo seasoning and cook, breaking up beef into small pieces with a wooden spoon, until beef is no longer pink, about 6.

2. Spread beef in pan and top with cheese slices. Reduce heat to med. Cover skillet and cook until cheese slightly melts, about 2 min. Uncover and stir cheese into beef until completely melted and creamy.

3. Place each roll on a sheet of parchment. Scoop out some bread from each side of roll. Spread cut sides of each roll with 2 Tbsp. mayonnaise. Fill rolls with ground beef mixture, lettuce, and tomatoes; season with pepper. Tightly wrap sandwich in parchment and cut in half to serve.

****If anyone has a recipe they would like to share, please email the office at:**




As we come up on Thanksgiving again, I wanted to again take some time to write what I am thankful for. These are in no particular order, just the order they pop into my head.

1. My health. It's not perfect, between bad acid reflux making eating a bit of a challenge, a minor light headedness condition, and my recently diagnosed sleep apnea. But it is still a blessing, which I am grateful for, that I am able to do what I currently can.

2. My CPAP machine. I just got it, so I'm not used to it, but every time I use it, I can't help but to marvel at how much technology and engineering is going into trying to help improve my sleep. This world truly is wonderful in many ways.

3. The supportive people in my life, both at the churches, as well as friends and family who have offered me encouragement when I am struggling.

4. The church itself. Not any one specific church, but the gift that God gave each and every one of us by creating the church for us as a community of Christian love who we can turn to when we are struggling, and as a way of providing purpose and meaning in this messy world.

5. My dog. I'm working from the office today, so she is not nudging me, forcing me to write her down first like she did last year. But she remains one of my main sources of emotional support.

6. My immediate family: mom, dad, and sister. The way they have constantly been a source of support and an example of unconditional love.

7. My grandma, who has been going through some major medical struggles recently, and who I hope to visit soon, before the whole family comes together for Thanksgiving.

8. My extended family. I have a tendency to become overwhelmed and seek solitude during family get-togethers, but was recently reminded that my whole family cares about me and wants to see me more, so I look forward to at least trying to be more present with them (hopefully my sleep has improved by then and I have more energy for that).

9. My grandpa, who many of you heard preach before, and who will be back to share a Thanksgiving message on November 22nd. He is the greatest man I know, and I aspire to be like him in many ways.

10. My phone, which I just pulled out to make sure that I had that date which I wrote down available. I appreciate the way that it helps me to remember important things and organize my life.

**Cont'd**

11. This beautiful church building that I am currently working out of, as well as the other church building, and the climate control present at both, as well as the lights and computers that make my job easier.

12. The churches' staff, especially Jeanette at Elmwood and Mary Alice at Farmington and the many ways they keep the churches running smoothly.

13. Faith, that we can be sure that God is with us, believe in God's power both in our world in general and in our lives specifically.

14. Hope, that we know that through God's power all situations can turn around, that the powers holding our world and our churches down today are nothing compared to the power and love of Christ

15. Love, the ways that we care for one another, seeking to replicate the unconditional, all-encompassing love of Christ. We inevitably fall short, but through the act of trying to love as Christ did, we are guided to a joyful life full of connection and community

16. And the greatest of these is Love, Amen

As we go into this Thanksgiving season, I encourage you to think about what you are grateful for, and the ways that you can live out that gratefulness and share it with others.

Pastor Austin Miller

# UWF Fall Fair

Food Fellowship A Stronger Community

**DATE: Saturday, November 7**

**TIME: 10 AM - 2 PM**

**LOCATION: United Methodist Church**

**821 W. Main; Elmwood**

*All Are Welcome!*

## AVAILABLE FOR PURCHASE:



**Soup:**
**$10/quart**



**Maid Rites:**
**$5/each**
*(Carryout Only)*



## Silent Basket Auction

**Basket are available for viewing in the church fellowship hall. Bids are open now and end at 2 pm on Saturday, November 7.**

*(Winners will be notified after 2 pm on November 7.)*

*Neighbors ♥ Friends "Faith Together*

# Farmington United Methodist Church's

# HAM LOAF SALE

Pre-Orders due by Thursday November 12, 2026

Baked fresh for pick-up on Saturday, November 21, 2026

(from 11:30 am to 2 pm)



**Don't Forget Dessert**

**Having a BAKE SALE**

During Pick Up Times

Also selling extra sauce this year

Only $6 per 5oz loaf!

Contact us at (309) 245-4310 to pre order

Sponsored by the Circle of Friends

## Celebrate, Serve, Impact--Faith in Action Sunday

**What warm hearts you have!**

**After the morning of Oct. 25, Elmwood had three more pristine yards, a house with a clean porch, and a home with its fences and porch painted. We provided Midwest Distribution Center with bedding supplies, birthing kits, baby layettes, and school supply kits. Two warm tied blankets are awaiting local needs. Shut-ins and nursing home residents received plates of cookies and a welcome visit. And we all had a time of fellowship and friendship.**

**In the meantime, you were donating candy for Trunk or Treat, keeping the food pantry supplies filled, and getting ready to host early voting and Meals on Wheels in our fellowship hall. All this occurred after our 175th Anniversary celebration and the gospel concert, but before the United Women of Faith Fall Fair. Whew!**

**Well done, Good and Faithful Servants.**

**--Janet Mottaz**